

## **WELCOME TO REASON 4 BEING☺**

You have taken a courageous step in making positive changes in your life. Please read through the following information and feel free to ask any questions you may have. Thank you for choosing us. We look forward to working with you☺

We are committed to providing you quality services while maintaining professional behavior. We are also committed to your right to be informed of our policies, procedures, confidentiality and its limitations, and non-discrimination. If it becomes apparent that we are not qualified to assist you, or if for other reasons the progress you seek is not evident, we may pursue one of the following:

- 1) Evaluate barriers to progress and develop an alternative approach;
- 2) Refer you to a therapist for counseling; and/or
- 3) Terminate coaching.

## **DESCRIPTION OF SERVICES**

Reason4Being provides coaching for individuals, couples and families. Coaching focuses on relationship growth, forgiveness, spiritual formation, and personal growth in various areas including but not limited to diet, exercise, time management, finances, etc.

## **EMERGENCY INFORMATION**

At this time, Reason4Being does not provide emergency services. Should you experience an emergency situation, please call 911 or go to the nearest emergency room.

## **APPOINTMENTS**

Most coaching sessions are 50 minutes long. Longer sessions may be scheduled as is deemed beneficial by you and your coach. Your appointment time is reserved exclusively for you. Please contact us immediately when you are aware that you will not be able to make a scheduled appointment.

\*In some cases, the coach will receive texts/emails/phone calls as part of ongoing coaching.

## **FEES FOR SERVICES**

Fees are payable at the time services are rendered. Reason4Being accepts cash, money order, credit and/or debit cards. Sessions are \$25 per session.

## **DUTY TO WARN**

Your coach will keep confidential everything you share in session with one exception. Your coach has a duty to warn the proper authorities if you threaten to harm yourself or someone else or if you disclose that you know of any neglect or abuse of child(ren), the elderly or persons with disabilities.